



El Modena High School
3920 E. Spring St.
Orange, CA 92869
Coach Biagini
Cell#626-201-5337

Student-Athlete/Parent Contract

Student-Athlete's Code of Conduct

1. Student-Athletes are expected to conduct themselves in a manner that reflects the common courtesies of decency, morality, honesty, and respect for the rights and properties of others. Student-Athletes should be tolerant, supportive and respectful of their fellow team members and coaches. The following behavior will not be tolerated:

- a. Hazing, taunting, or verbally abusing another student-athlete, coach, referee, or any person participating in any school related event
- b. Making derogatory comments about a person's race, sex, religion, age, disability, national origin, or sexual orientation
- c. Repeated use of obscene gestures, profanity, or unduly provocative language

2. Student-Athletes are expected to conduct themselves in an appropriate manner at all times and will abide by all federal, state and local laws, education code, Orange Unified School District policies and regulations.

3. Although wrestling is a physical sport, student-athletes are expected to refrain from engaging in any act with the intent to cause injury to another student-athlete.

4. Student-Athletes are expected to maintain a minimum GPA of 2.0 in order to be eligible for practice and competition. Student-Athletes who drop below a 2.0 may be subject to the following: 1. Assignment to study hall 2. Suspension from the wrestling team 3. Removal from the wrestling team.

5. Student-Athletes are expected to arrive on time and prepared to practice, duals, tournaments, team meetings, and fundraisers. There cannot be more than 5 unexcused practices missed. If a student-athlete is going to miss an event he must contact the coach before the event. Student-Athletes should have all necessary gear at practices, duals, and tournaments.

5. Student-Athletes will be expected to perform tasks as requested by the coaching staff such as sweeping, mopping, warm up, stretching, moving mats, volunteering throughout duals, or tournaments.

6. Student-Athletes are expected to keep the locker, team, and practice areas clean as well as, keeping the wrestling room clean and orderly.

Parent's Code of Conduct

1. The importance of parents behaving as role models cannot be overstated. Parents who support the rules of conduct provide a model for other parents and student-athletes alike. All parents should refrain from making negative comments towards officials, coaches, and student-athletes from both home and visiting teams. If there is an issue that needs to be resolved, the following steps should be taken:

1. "24-hour rule" which simply states that coaches will not discuss a match or situation with a parent until at least 24 hours after the fact. This rule allows all parties to have a time to put things into perspective and "cool off", if necessary.



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2. The student-athlete discusses the situation with the coach.

3. If that meeting does not produce what is interpreted as a fair resolution, the parent(s) and student-athlete should meet with the coach and athletic director.

2. There are multiple factors that the coaches utilize to determine the practice groups, duel teams, and tournament teams. In order to achieve this balance, practice groups, tournament teams, and mat time will be based on the following factors:

- Student-Athlete's attitude, focus, attendance, and sportsmanship
- Student-Athlete's effort and responsiveness to coaching instruction
- Wrestle-Offs
- The level of play and skill for a competitive tournament and/or special competition

These factors may increase or decrease a student-athlete's mat time, including no mat time at all, in any particular event. Certain tournaments may be more developmental and allow for more mat time for student-athletes, whereas other tournaments may be more competitive where mat time is more limited. There are no guaranteed spots, and mat time and tournament participation will be earned. The previously mentioned factors are also used to determine earning a letter in wrestling.

3. Parents are expected to behave responsibly and respectfully as spectators during the open practices/duals/tournaments and should refrain from making inappropriate comments towards their student-athletes, other student-athletes, referees, or coaches. Parents and student-athletes are asked to speak directly with a coach regarding any issue they see as unresolved.

Possible Disciplinary Actions:

1. Tournament/duel suspension
2. Dismissal from the team

I have read the EMHS wrestling Code of Conduct and policies and agree to uphold the standards of the program.

Student-Athlete Name
Date

Student-Athlete Signature

Parent(s) Name

Parent(s) Signature

Date

Thank you for your support!



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